ST JOHN AMBULANCE
STATE CONFERENCE

Our St John - Standing Together

23 – 24 AUGUST 2013
PERTH CONVENTION AND EXHIBITION CENTRE
http://intranet.ambulance.net.au/events
INVITATION FROM THE CEO

It is with great pleasure that I invite you to attend the inaugural annual State Conference on 23 and 24 August 2013 and celebrate the theme ‘Our St John – Standing Together’.

This year’s conference is the first one which aims to bring together all of St John Ambulance WA’s paid and volunteer workforce in the same room and at the same time. While a focus on country and volunteer issues will remain an integral part of the agenda, the theme of the conference, ‘Our St John – Standing Together’, reflects the unity of mission shared by all areas of our service and reminds us that, no matter what our role or location, we are bound by a common purpose – to serve, and to help others serve, humanity.

The opportunity afforded by the conference to come together as one is timely given the growth of our service over the last several years. We are now a large organisation, constantly adapting to proof ourselves against the challenges of today and tomorrow, and to ensure we constantly strive to meet the expectations placed upon us by government and the community. There is no better time, then, to meet and discuss where we’ve been, where we’re going, and what we hope to achieve in the future.

Please join us on 23 and 24 August and share your views on critical aspects of St John’s operations. We have a great line up of guest speakers and displays. Come and meet your colleagues from across the State. Forge new networks and friendships. And, on the night of 24 August, be prepared to turn back the clock at our 80s themed dinner-dance.

I hope you can join us for what I know will be a valuable and informative two days.

I look forward to seeing you.

Tony Ahern
CEO, St John Ambulance WA

Invited speakers

Our MC – Peter Thompson

Peter Thompson is a broadcaster with ABC TV and Radio. Peter hosts the ABC TV program “Talking Heads”, a series of conversations about the lives of prominent Australians. He presented Radio National’s “Breakfast” for eight years and the flagship current affairs program “AM” for six years. He is Director of the Centre for Leadership which provides communication advice to public and private sector organisations.

Peter is an adjunct Professor at Macquarie University’s Department of International Communication, and is a Fellow of the Australian and New Zealand School of Government, teaching executive programs in communication and public policy.

In 2006, Peter hosted President Bill Clinton for the Lowy Institute, presented a Hypothetical for BHP Billiton, facilitated discussions at the Australia Korea Business Council and led events at the Noosa Long Weekend. In August he gave a keynote address at the Urban Development Institute of Australia [Qld] and in October was the MC at the Awards Night for the Australian Business Arts Foundation for the second year.

Peter is the author of several books, including “Persuading Aristotle: The Timeless Art of Communication in business, negotiation and the media” and “The Secrets of the Great Communicators”.

He holds a Master of Public Administration from Harvard, an MBA from the Australian Graduate School of Management and a BA from the Australian National University.

Peter’s style is interactive and warm, and his presentations are backed by high impact audio visual materials.
Justin Langer

Until the announcement of his retirement from test cricket in 2007 Justin was one of Australia's great top-order batsmen. Originally a number three, he moved to opener in 2001 and played 105 tests scoring 7696 runs including 23 test centuries. Few have worn the baggy green with greater pride. Along with Matthew Hayden, Justin formed a hugely successful opening partnership, which ranks as the best in Australian history and featured six double century stands.

It was therefore fitting when Justin played his final game for Australia, in the last match of the 2006/07 Ashes Series in Sydney in January, both he and Matthew were at the crease to polish off the winning runs to complete a 5-0 series victory for Australia. Justin's highest test score was 250 in a Boxing Day test at the MCG, and was one of three double centuries he scored during his test career. His tally of 23 test centuries saw him overtake former cricket icons Ian Chappell, Neil Harvey and Doug Walters. In 2004 Justin was the highest runmaker in world cricket with a total of 1481 runs.

Glenn Capelli

Glenn Capelli has delivered a message of creativity, dynamic thinking, innovation and high performance leadership to audiences around the world. With a professional speaking career of more than 30 years, an author, songwriter and radio and television presenter, Glenn has emerged as one of Australia's most awarded and sought after professional speakers. A member of MENSAA, Glenn is also a former 'hobo' who as a young man backpacked his way around the world for seven years, working in a variety of roles including a fish farmer on kibbutz in Israel, a comedian in Los Angeles, a travel writer in Kenya and a summer-camp counsellor in North Carolina. In 1987 he returned to Australia and was awarded the prestigious Winston Churchill Fellowship, which he used to further his research into advanced thinking and learning methodology. Throughout the 90s his award-winning cable television series Born to Learn aired weekly to an audience of more than 26 million households across the USA and his current live radio program Thinking Caps broadcasts weekly on Radio 3AW in Melbourne. Glenn's audiences range from primary school students and teachers in the most remote outback regions of Australia, to the CEOs of some of the largest corporate organisations in the world. His unique presentation style and ability to apply a diversity of teaching methodologies have made him an internationally renowned speaker across a wide range of industries and in constant demand worldwide. Glenn's presentation portfolio includes conference keynotes and MC/themeweaving, workshops, program design and facilitation, training and one-to-one coaching and mentoring. Glenn uses his participatory, humorous and entertaining presentation techniques to show audiences how to become more flexible thinkers, leaders and life-long learners in today's fast paced world.

Nobel Laureate Barry J. Marshall AC

In 2005 Barry J. Marshall and J. Robin Warren were awarded the Nobel Prize for Physiology or Medicine in recognition of their 1982 discovery that a bacterium, Helicobacter pylori, which affects 50 per cent of the global population, caused one of the most common diseases of mankind, peptic ulcer disease. Barry Marshall met Robin Warren, a pathologist interested in gastritis, during internal medicine fellowship training at Royal Perth Hospital in 1981. The pair studied the presence of spiral bacteria in association with gastritis. The following year (1982), Helicobacter pylori was cultured for the first time and they developed their hypothesis related to the bacterial cause of peptic ulcer and gastric cancer. In 1984, at Fremantle Hospital, Marshall proved that the germ was harmful in a well-publicised self-administered experiment, in which he drank a culture of Helicobacter pylori. Persevering despite widespread skepticism, Marshall also came up with combinations of drugs that killed the bacteria and eliminated ulcers permanently. Dr Marshall founded Ondek Pty Ltd in 2005, to develop and commercialise a novel drug and vaccine delivery platform, based on the use of genetically modified Helicobacter pylori. The first product being developed at Ondek is an immunotherapy for the treatment of allergic asthma and food allergies in children. Barry Marshall was born in Kalgoorlie in 1951 and attended Marist Brothers College in Perth from 1960-68. He completed his undergraduate medical degree at The University of Western Australia in 1974. He is married with four children and five grandchildren and lives in Shenton Park, Western Australia.
Arne Rubenstein

Dr Arne Rubenstein is an expert on raising teenagers who delivers highly valuable and inspiring presentations about the transition from ‘boy to young man’, and ‘girl to young woman’. He has created programs that have helped thousands of parents and their children forge strong and healthy relationships for life.

Arne was the CEO and co-founder of Pathways Foundation, a non-profit organisation which ran Rites of Passage programs. He built it to a national organisation running programs in eight venues around Australia. He has run leadership training programs for executives from some of Australia’s top companies. He is now the CEO of Milestones, which creates programs for children of all ages and their parents.

Arne has worked with teenagers since graduating from the International Institute for Youth Leaders in Jerusalem in 1982. He worked as a general practitioner for 12 years, specialising in adolescent health, preventative medicine and emergency medicine. From 1995 to 1998 he developed an innovative drug prevention program based on improving personal self-esteem in Northern NSW High Schools.

In 2007 and 2008 he was invited to attend the World Forum on Social Entrepreneurship at Oxford University. In 1994, Arne proposed the Pathways to Manhood project at the 4th Annual Australian and New Zealand Men’s Leadership Gathering and since then has set up and facilitated multiple workshops in Northern NSW, Sydney and Western Australia.

Jodi White

Jodi White is presently employed as a forensic pathologist for the State Forensic Pathology Service at PathWest Laboratory Medicine WA QE11.

Jodi completed her initial medical degree at the University of Western Australia in 1995. She went on to complete training in anatomical pathology and gained Fellowship with the Royal College of Pathologists of Australasia in 2003.

Initially, Jodi worked as an anatomical pathologist for the Women and Children’s Health Service until 2005, following which she commenced her current position in the Forensic Pathology Department State Forensic Pathology Service of Western Australia.

Jodi has long held an interest in sudden and unexpected death in infancy and childhood and presently sits on the State coronial ethics committee, RCPA forensic advisory committee and SIDS and Kids scientific committee.

ONLINE REGISTRATION

Go to http://intranet.ambulance.net.au/events/registration-conference.html

Online registration is preferred where possible please.

For further information about the conference, the program, the venue, the Awards Sundowner or things to see and do in Perth, visit http://intranet.ambulance.net.au/events
### Program at a glance

**OUR ST JOHN – STANDING TOGETHER**

<table>
<thead>
<tr>
<th>DAY ONE</th>
<th>DAY TWO</th>
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<tbody>
<tr>
<td><strong>Friday, 23 August 2013</strong></td>
<td><strong>Saturday, 24 August 2013</strong></td>
</tr>
<tr>
<td>Opening and Welcome</td>
<td>CEO's Overview</td>
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<tr>
<td>Guest Speaker – Glenn Capelli (Part 1)</td>
<td>Guest Speaker – Arne Rubinstein</td>
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<tr>
<td>Sub Centre Presentation</td>
<td>New Horizons</td>
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<tr>
<td>Guest Speaker – Peter Thompson (MC)</td>
<td>Morning Tea</td>
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<td><strong>Morning Tea</strong></td>
<td>Medical Forum – Cardiac Arrest</td>
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<tr>
<td>Guest Speaker – Glenn Capelli (Part 2)</td>
<td>Paramedic Story</td>
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<tr>
<td>Volunteer Story</td>
<td>Door Prize</td>
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<tr>
<td>Guest Speaker – Professor Marshall</td>
<td>Lunch</td>
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<tr>
<td><strong>Lunch</strong></td>
<td>Guest Speaker – Jodi White</td>
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<tr>
<td>Who wants to be a millionaire?</td>
<td>Event Health Services</td>
</tr>
<tr>
<td>The Fabric</td>
<td>Guest Speaker – Brendan Clark, Health Hope</td>
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<tr>
<td>Guest Speaker – Justin Langer</td>
<td>Best Display Award</td>
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<tr>
<td>Door Prize</td>
<td>Sub Centre of the Year</td>
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<tr>
<td><strong>Afternoon Tea with Justin Langer</strong></td>
<td>Reflection</td>
</tr>
<tr>
<td>Body Beats</td>
<td>Conference Highlights and thanks from our CEO.</td>
</tr>
<tr>
<td>Volunteering In St John</td>
<td>CLOSE 3.40pm.</td>
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<tr>
<td><strong>CLOSE 5.00pm in time for the Awards Sundowner.</strong></td>
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### PRE-CONFERENCE OPTION

**Thursday, 22 August 2013**

**VOLUNTEER TRAINING WORKSHOPS**

*Belmont State Office, Training College*

Register for these exciting pre-conference workshops to be held in the Training College at Belmont State Office.


**Two sessions are offered:**

- **9.00am – 12.30pm**
- **1.00pm – 4.30pm**

Each session includes a tea break. A maximum of 48 people per session can be accepted and early booking is recommended. Once registered, and depending on numbers, you will receive an email with your time allocation.

Each session will cover four themes.

The skills stations will be:

- Medications (including Ondansetron)
- ePCR
- Stretchers
- Spinal Immobilisation
- Clinical Governance

The workshops include lots of practical time on some of the key skills and a session with clinical governance. A participation certificate will be provided.

**BELMONT STATE OFFICE TOURS**

Unfortunately due to current works being conducted at State Office the tours will not be possible this year.
Awards Sundowner

FRIDAY 23 AUGUST

<table>
<thead>
<tr>
<th>Award</th>
<th>Previously Presented at:</th>
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<tbody>
<tr>
<td>St John Service Medals &amp; Bars (Country and Event Health Services Volunteers)</td>
<td>Country Conference or EHS Gala Dinner</td>
</tr>
<tr>
<td>Service Recognition (Paid Staff)</td>
<td>Service Recognition Awards</td>
</tr>
<tr>
<td>Volunteer of the Year (Country)</td>
<td>Country Conference</td>
</tr>
<tr>
<td>Volunteer and Young Volunteer of the Year (Event Health Services)</td>
<td>EHS Gala Dinner</td>
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</tbody>
</table>

The Conference Sundowner has been expanded to include the whole of organisation and also various St John Awards. Our St John Ambulance Volunteer Service Medals and Bars, Service Recognition Awards for our paid staff as well as our Volunteer of the Year awards will this year be presented at an Awards Sundowner in the beautiful Belle Vue Ballroom 2.

Join us to celebrate with our award recipients and recognise their significant contribution to St John Ambulance, and what better time to do this than during a weekend when we can all celebrate together.

The awards listed above will now be presented at the Awards Sundowner on Friday 23 August (after Day One of our State Conference) in the Belle Vue Ballroom 2 at the Perth Convention and Exhibition Centre.

Award Recipients

Invitations will be sent to those receiving awards and tickets sent on RSVP. The remaining spaces will be offered to all St John staff and volunteers to register for as at 4 June.

Please ensure you RSVP to receive your entry ticket for you and your guest.

Registration is essential and closes 2 August, to register click on:
http://intranet.ambulance.net.au/events/registration-awards.html
Accommodation options

<table>
<thead>
<tr>
<th>Venue</th>
<th>Address</th>
<th>Conference Details</th>
<th>Website</th>
<th>Booking Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parmelia Hilton</td>
<td>14 Mill Street, Perth, WA 6000</td>
<td>$225 Queen or Twin</td>
<td><a href="http://www.perth.hilton.com">www.perth.hilton.com</a></td>
<td>Group Code: GSTJE</td>
</tr>
<tr>
<td>Adina Apartment Hotels</td>
<td>33 Mounts Bay Road, Perth WA 6000</td>
<td>$337 Premier one Bedroom Apartment (1-2 people)</td>
<td><a href="http://www.adinahotels.com.au">www.adinahotels.com.au</a></td>
<td>Ph: 08 9217 8000 Adina Hotels reservations</td>
</tr>
<tr>
<td>Mounts Bay Waters Apartment Hotel</td>
<td>112 Mounts Bay Road, Perth WA 6000</td>
<td>$260 1 Bedroom Apartment (1-2 pax) $405 2 Bed/1 Bath Apartment (1-4 pax) $430 2 Bed/2 Bath Apartment (1-4 pax)</td>
<td><a href="http://www.mounts-bay.com.au">www.mounts-bay.com.au</a></td>
<td>Ph: 08 9213 5333 Option 1 for reservations</td>
</tr>
<tr>
<td>Holiday Inn Perth</td>
<td>778 Hay Street, Perth WA 6000</td>
<td>$249 Queen room without Breakfast $289 Queen room with Buffet Breakfast $299 Two double beds without Breakfast $339 Two double beds with Buffet Breakfast</td>
<td><a href="http://www.ihg.com/holidayinn">www.ihg.com/holidayinn</a></td>
<td>Ph: 1800 668 167</td>
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</table>

Accommodation

For interested delegates, discounted accommodation rates have been arranged at four selected venues close to the Perth Convention and Exhibition Centre. To receive the discounted rate, bookings must be made direct with the venue as indicated below before Friday, 26 July. Please check the individual websites for full venue details and facilities.

Other accommodation options include:
1. Sheraton Perth Hotel
2. Duxton Hotel Perth
3. Somerset St Georges Terrace
4. Hyatt Regency Perth
5. The Mercure Hotel Perth
6. The Novotel Perth Langley
7. Crowne Plaza Perth
8. Medina Executive Barrack Plaza
9. The Kings Perth Hotel
10. Perth Ambassador Hotel

Bars and places to meet

The nights of Perth sparkle with its numerous bars, pubs and clubs which suit every taste. Here’s a selection of a few that you may like to try out.

1. Andaluz Bar and Tapas, Howard Street
2. Belgium Beer Café, Murray Street
3. Bobby Dazzler’s, Murray Street
4. Carnegie’s Bar & Restaurant, Murray Street
5. CBD Bar Restaurant, Rydges Hotel, Hay Street
6. The Bar on Barrack’s, Barrack Street
7. The Bar, Duxton Hotel, St George’s Terrace
8. The Melbourne, Hay Street
9. The Lucky Shag Waterfront Bar, Barrack Street Jetty
10. Tiger Li’s, Murray Street

Restaurants

Popular CBD restaurants include:
1. Bar 138 on Barrack, 138 Barrack St
2. Belgium Beer Café, Murray Street
3. Bells Café and Functions, Jetty 2, Eastern Pavilion Barrack St
4. Bobby Dazzler’s, 300 Murray St
5. C Restaurant, St Martin’s Tower, St Georges Terrace
6. Halo, Barrack Street Jetty
7. Matsuri, 250 St George’s Terrace
8. The George, London House, St George’s Terrace
9. The Lucky Shag, Barrack Street Jetty
Things to see and do in Perth

Our wonderful capital city of Perth is the very heart of Western Australia, positioned on the banks of the Swan River with nearby acres of natural bushland in Kings Park. To really catch up with ‘what’s on in Perth’, visit one of the websites (listed below). An initiative from the City of Perth, www.showmeperth.com.au is full of information and provides a monthly listing of events and entertainment. Similarly, www.fremantlewa.com.au provides a detailed update of ‘what’s on in Fremantle’. Culture lovers are catered to with a rich tapestry of museums, restaurants, cafes, theatres, cinemas and art.

Be a tourist and visit some of Perth’s top tourist attractions - the Perth Mint, the Swan Belltower, the Museum, the Art Gallery or the Perth Zoo. Or perhaps take some time out for retail therapy and go shopping in and around Perth. Try the factory outlet centre in Harbour Town, or visit King Street, home to high-end stores such as Gucci, Louis Vuitton, Tiffany & Co. and many more. Perhaps venture further afield to the exclusive David Jones store in Bay View Terrace, Claremont. Perth’s major restaurants focus on fresh local produce and fine wines, many in superb settings. Explore the outer suburbs surrounding Perth city centre or join some friends for a relaxing drink in laid back Freo.

Website Links

You may find these links useful when planning your trip to Perth.

- City of Perth: www.showmeperth.com.au
- Fremantle Visitor Centre: www.fremantlewa.com.au
- Tourism Western Australia: www.westernaustralia.com
- Rottnest Island: www.rottnest.wa.gov.au
- His Majesty’s Theatre: www.hismajestystheatre.com.au
- Burswood Theatre: www.burswood.com.au

Location and Parking

Perth Convention and Exhibition Centre
21 Mounts Bay Road, Perth

The State Conference will be held in Pavilions 4 and 5 of the Perth Convention and Exhibition Centre. The Perth Convention and Exhibition Centre is situated in the heart of the beautiful city of Perth, within easy walking distance of major hotels and the businesses, restaurants and retail outlets.

Parking at the PCEC

To apply for prepaid parking at the PCEC, delegates must register before Friday, 27 July. Please also ensure you complete the parking section on the registration form. Note that if you are staying at a hotel close to the PCEC, it may be easier to leave your car at the hotel if parking is provided. Please note that parking requests cannot be accepted after this date.
# Registration Form

## 2013 State Conference
23-24 August
Perth Convention and Exhibition Centre, Pavilions 1 & 2

The preferred method of registration is **ONLINE**:  

To post: PO Box 183, Belmont WA 6104. To Fax: (08) 9277 6662. Email: corporateevents@ambulance.net.au

Please note: REGISTRATIONS CLOSE 2 AUGUST

<table>
<thead>
<tr>
<th>Full name</th>
<th>Volunteer staff #</th>
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<th>Contact telephone</th>
<th>Email</th>
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### Location (please tick box)

- North West
- Goldfields
- Wheatbelt
- Great Southern
- Mid West
- South West
- Metro Ambulance Service
- Belmont State Office
- Event Health Services

<table>
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<tr>
<th>Sub Centre/Depot/Division/Department:</th>
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### Attendee’s Name

Please note: You need to print name clearly for name badge and supply an email address below your name, ie.  

**John Citizen**  
john.citizen@yahoo.com.au

<table>
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<tr>
<th>SJA Vol/Staff number</th>
<th>DAY 1 Conference Friday 23 August Yes/No</th>
<th>DAY 2 Conference Saturday 24 August Yes/No</th>
<th>Awards Sundowner Friday 23 August Yes/No</th>
<th>Dietary requirements (please list)</th>
<th>Pre-Conference Option, Thursday 22 August Volunteer Workshop Yes/No</th>
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### Parking at Perth Convention and Exhibition Centre:

Note: Prepaid parking tickets must be applied for by the close of business on Monday 22 July 2013. Bookings cannot be accepted after this date.

<table>
<thead>
<tr>
<th>Friday - number of bays required</th>
<th>Saturday - number of bays required</th>
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<tr>
<th>Disabled Bay (please circle): YES NO</th>
<th>Mailing Address for Tickets:</th>
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Note: Daytime parking does not include parking for the Dinner Dance on Saturday, 24 August. If you are staying at a hotel close to the Perth Convention and Exhibition Centre it may be easier to leave your car at the hotel if parking is provided.